

POSTION	Race No.	Time	Forename	Surname	Club	M/F	Age Cat.
1	299	00:42:12	Lauren	Knox	Storm Plymouth	F	Senior Female
2	212	00:43:10	Roger	Easterbrook	Teignbridge Trotters	M	M50
3	151	00:45:25	Pete	Waumsley	Tamar Trotters	M	M50
4	298	00:45:40	Melvyn	Griffiths	0	M	M45
5	204	00:46:22	James	Bird	0	M	Senior Male
6	255	00:47:10	David	Morris	Plymouth Harriers	M	M40
7	152	00:47:48	Ryan	Astbury	Teignbridge Trotters	M	M40
8	269	00:48:10	Iain	McWass	Plymouth Harriers	M	M40
9	185	00:48:20	David	Kilgore	Storm Plymouth	M	M50
10	267	00:48:23	Aaron	Harper	Storm Plymouth	M	M40
11	287	00:49:18	Adam	Green	0	M	Senior Male
12	153	00:51:02	Steve	Weeks	Teignbridge Trotters	M	M50
13	218	00:51:15	Aaron	Cullerton	0	M	Senior Male
14	259	00:51:38	Matthew	Grzenda	Plymouth Musketeers	M	M45
15	209	00:51:53	Benjamin	Eaves	0	M	M40
16	154	00:52:26	Chloe	Weeks	Teignbridge Trotters	F	Senior Female
17	233	00:52:28	Tom	Haddy	0	M	Senior Male
18	197	00:52:58	Mike	Petley	Plymouth Musketeers	M	Senior Male
19	251	00:53:08	Nicholas	Lloyd	Chagford Runners	M	M60
20	224	00:53:18	David	Engledew	Erme Valley Harriers	M	M65
21	207	00:53:35	Ash	Ratcliffe	0	M	Senior Male
22	187	00:53:45	Ryan	York	Storm Plymouth	M	M50
23	252	00:54:01	Elizabeth	Nuttall	Teignbridge Trotters	F	F50
24	172	00:54:24	Alan	Kember	Teignbridge Trotters	M	M65
25	253	00:54:39	Mark	Thomas	Storm Plymouth	M	M50
26	260	00:55:19	Steven	Carter	Plymouth Harriers	M	M50
27	199	00:55:19	Sean	Doogan	Plymouth Road Runners	M	M55
28	261	00:55:31	Gary	Booth	Plymouth Harriers	M	M40
29	211	00:56:33	Laura	Goodspeed	Plymouth Harriers	F	F40
30	163	00:56:37	Brendan	Palmer	Storm Plymouth	M	M45
31	258	00:56:42	Andrew	Parsons	Storm Plymouth	M	M50
32	188	00:56:48	Vincent	Bean	0	M	M40
33	225	00:57:00	David	Mccarthy	Storm Plymouth	M	M40
34	179	00:57:17	Lucy	Evans	Teignbridge Trotters	F	F50
35	263	00:57:22	Simon	Woodhouse	0	M	M50
36	262	00:57:28	Colin	Bunting	Tamar Trotters	M	M60
37	217	00:57:58	Russ	Mogridge	Runninghoes	M	M60
38	214	00:58:39	Michelle	Cartlidge	Plymouth Harriers	F	F40
39	248	00:58:53	Simon	Hague	Storm Plymouth	M	M45
40	201	00:59:23	Catherine	Brown	Storm Plymouth	F	F50
41	277	00:59:25	Adam	Doherty	Teignbridge Trotters	M	M50

42	245	00:59:26
43	191	00:59:48
44	243	00:59:49
45	198	00:59:48
46	285	01:00:06
47	222	01:00:34
48	232	01:00:38
49	237	01:00:44
50	240	01:00:47
51	249	01:00:52
52	168	01:00:59
53	223	01:01:14
54	203	01:01:17
55	272	01:01:18
56	274	01:01:34
57	300	01:01:44
58	182	01:01:56
59	156	01:02:33
60	254	01:02:34
61	241	01:02:35
62	169	01:02:59
63	250	01:03:21
64	161	01:03:40
65	155	01:03:46
66	238	01:03:57
67	278	01:04:11
68	286	01:05:18
69	246	01:05:24
70	247	01:05:31
71	264	01:05:43
72	206	01:05:46
73	280	01:05:51
74	283	01:06:01
75	282	01:06:03
76	180	01:08:26
77	257	01:09:08
78	174	01:09:08
79	284	01:09:15
80	256	01:09:19
81	205	01:09:23
82	242	01:09:22
83	186	01:09:31

Fern	Stepp	0	M	Senior Male
Rebecca	Mccallum	Storm Plymouth	F	Senior Female
Ivor	Pudner	Looe Pioneers Running Club	M	M60
Michael	Hughes	Storm Plymouth	M	M60
Mike	Jones	0	M	M40
Clare	White	Storm Plymouth	F	F45
Eyvoll	Aston	Teignbridge Trotters	F	F50
Karen	Albiston	0	F	F50
Sarah	Holland	Tavistock AC	F	F50
Lucie	Steers	0	F	Senior Female
Peter	Bazley	0	M	M70
Alison	Engledew	Erme Valley Harriers	F	F65
Shaun	Sperinck	Storm Plymouth	M	Senior Male
Carly	Linney	Storm Plymouth	F	F40
Sue	Bayes	Plymouth Falconers	F	F55
James	Mann	Plymouth Road Runners	M	M40
Josh	McGrath	Storm Plymouth	M	Senior Male
Patricia	Atkins	Teignbridge Trotters	F	F60
Kevin	Flynn	Storm Plymouth	M	M40
Debora	Cornish	Storm Plymouth	F	F55
Andrew	Morton	Teignbridge Trotters	M	M60
Shaun	Brady	Storm Plymouth	M	M55
Becky	Kingdon	0	F	F40
Rachel	Harrison	Teignbridge Trotters	F	Senior Female
Kevin	Hambridge	Storm Plymouth	M	M55
Kirsty	King	Storm Plymouth	F	Senior Female
Oliver	Jones	0	M	M50
Pippa	Brennand	0	F	F40
Sue	Tremlett	Teignbridge Trotters	F	F60
Megan	Gentle	0	F	Senior Female
Anthony	Shearer	Tavistock AC	M	M70
William	Robins	0	M	Senior Male
Lesley	Kitchen	0	F	F55
Travis	Trice	Plymouth Musketeers RC	M	Senior Male
Gemma	Fisher	Storm Plymouth	F	F40
Alex	Lang	Storm Plymouth	M	Senior Male
Ian	Winnall	Storm Plymouth	M	M45
Keith	Coulling	Storm Plymouth	M	M40
Wendy	James	Storm Plymouth	F	F50
Daniel	Matthams	0	M	Senior Male
David	Matthams	Instinctive Sports	M	M60
Dawn	Dixon	Storm Plymouth	F	F50

84	178	01:10:10
85	157	01:10:10
86	266	01:10:26
87	229	01:10:42
88	231	01:10:42
89	220	01:10:46
90	208	01:11:31
91	162	01:11:41
92	244	01:12:02
93	235	01:12:18
94	194	01:12:31
95	276	01:12:45
96	166	01:12:47
97	265	01:12:50
98	234	01:12:53
99	268	01:12:58
100	230	01:13:14
101	192	01:14:32
102	275	01:14:35
103	227	01:15:29
104	271	01:16:29
105	196	01:16:30
106	270	01:16:30
107	236	01:18:02
108	273	01:19:14
109	175	01:22:27
110	176	01:22:27
111	171	01:22:48
112	279	01:22:56
113	177	01:23:41
114	289	01:23:42
115	195	01:24:08
116	189	01:24:08
117	193	01:25:48
118	281	01:28:29
119	239	01:28:37
120	202	01:28:39
121	228	01:30:01
122	226	01:30:01
123	170	01:31:36
124	215	01:31:40
125	216	01:31:40

Caitlin	Dawe	0	F	Senior Female
Paul	Cartwright	Storm Plymouth	M	M40
Lucy	Walker	0	F	Senior Female
Danielle	Charles	PL7 Pacers	F	Senior Female
Josh	Rowe	0	M	Senior Male
Peter	Aston	Teignbridge Trotters	M	M55
Neil	Carvell	0	M	M50
Shaun	Willis	Storm Plymouth	M	M45
Deborah	Pudner	0	F	F55
Helen	Childs	Storm Plymouth	F	F50
Carrie	Hopkins	0	F	F45
Cheryl	Boxall	Plymouth Falconers	F	F50
Georgina	Thompson	Storm Plymouth	F	F55
Helen	Dinham	Storm Plymouth	F	F50
Dawn	Childs	Storm Plymouth	F	F55
Maggie	Bunting	Tamar Trotters	F	F55
Hilary	Kennedy	Truro Running Club	F	F65
Claire	Dixon	0	F	Senior Female
Sarah	Fisher	0	F	F55
Hazel	Walker	Tavistock AC	F	F55
Tony	Everson	Plymouth Coastal Runners	M	M55
Helen	Norsworthy	0	F	Senior Female
Jenni	Everson	Plymouth Coastal Runners	F	F50
Jennifer	Neil	0	F	F40
Janine	Lizut	Storm Plymouth	F	Senior Female
Sean Barrie	Rafton	0	M	M55
Natasha	Rafton	0	F	Senior Female
Paula	Smerdon	Tavistock AC	F	F45
Megan	Robins	0	F	Senior Female
Becci	Dawe	Up and Running Torbay	F	F40
Summer	Stribe	0	F	Senior Female
Jane	Southern	Storm Plymouth	F	F65
Kathleen	Williams	Storm Plymouth	F	F50
Tom	Honeywell	Storm Plymouth	M	Senior Male
Clare	Atkinson	Plymouth Musketeers RC	F	F45
Tracey	Hambridge	Storm Plymouth	F	F55
David	Lean	East Cornwall Harriers	M	M65
Chloe	Roberts	Storm Plymouth	F	Senior Female
James	Farr	Storm Plymouth	M	M65
Jennifer	Roberts	Storm Plymouth	F	F40
Bee	Grunow	Storm Plymouth	F	F50
Joanne	Saint	Storm Plymouth	F	F40

126
127
128
129

184
173
167
160

01:38:10
01:38:10
01:44:51
01:44:52

Charlotte	Carvell	Plymouth Musketeers	F	F50
Sofie	Haidon	Storm Plymouth	F	Senior Female
Jane	Hunt	Plymouth Musketeers	F	F55
Kathryn	Weaver-Gore	Plymouth Musketeers	F	F65

