

Ham Woods 8/9

6.40 Miles

(Summer Route)

Head down Roman Way

Cross at the traffic light at the top of Budshead Road on the left

Bear right along Budshead Road and take a right onto Ringmore Way

Take a left onto Sheldon Crescent

At the top turn left through the gap back out onto Crownhill Road

Turn left towards Crownhill (Cross at the light at Woodland Fort)

Continue along Crownhill Road until level with the fire Station

Turn right down Haroldsleigh Avenue

Turn left at the bottom along Whiteleigh Ave

Cross the lights at the top of Bladder Meadow

Continue down Tavistock Road towards Manadon roundabout

Turn left onto St Peters Road

Turn left down Sheridan Road, continue along until reaching Chaucer Way, turn left

On reaching Honicknowle Lane turn left, continue to the bottom, cross down in the dip

Run ahead into the entrance of Ham Woods

Keep on the track alongside the brook until you come out of the woods at Weston Mill

Turn right to climb back up the hill to club