

Ham Woods 10's

5.09 Miles

(Summer Route)

Head down Roman Way

Cross at the traffic light at the top of Budshead Road on the left

Bear right along Budshead Road and take a right onto Ringmore Way

Take a left onto Sheldon Crescent

At the top turn left through the gap back out onto Crownhill Road

Turn left towards Crownhill

Continue along Crownhill Road until the top of St Peters Road (by the old church)

Turn right onto St Peters Road

Take a right along Chaucer Way

Next Left onto Sheridan Road

Right onto Shirley Gardens towards the sub way

Through the subway then right along St Pancras Ave until you come back out onto Honicknowle Lane (in the dip)

Cross the Road

Run ahead into the entrance of Ham Woods

Keep on the track alongside the brook until you come out of the woods at Weston Mill

Turn right to climb back up the hill to club