

## Devonport 7 Minute Mile Route (6.73 miles)

Start: **Trevithick Road**

Carry on to **Weston Mill Road.**

Turn Right on to **Fletemoor Road.**

Turn Left on to **Bridwell Road.**

Turn Left on to **Northumberland Street.**

Turn Right on to **York Road.**

Turn Left on to **Carlton Terrace.**

Turn Right on to **Weston Mill Drive.**

Turn Left on to **Wolseley Road.**

Turn Right on to **Saltash Road.**

Turn Left on to **Albert Road.**

Turn Left on to **Devonport Road.**

Carry on to **Milehouse Road.**

Cross over **Wolseley Road.**

Carry on to **Outland Road.**

Turn Left on to **Seagrave Road.**

Turn Left on to **North Prospect Road.**

Carry on to **Weston Mill Hill.**

Turn Right on to **Kings Tamerton Road.**

Return to **Club.**

**STRETCH STRETCH STRETCH!**