

Barne Barton 12 Minute Mile Route (4.04 miles)

Start: **Club** access road.

Turn Right on to **Trevithick Road**.

Turn Left on to **Roman Lane**.

Turn Left on to **Victoria Road**.

Turn Right on to **Normandy Way**.

Cross over **Pemros Road** on to **Normandy Hill**.

Turn Left on to **Wolseley Road**.

Turn Left on to **Barne Road**.

Turn Right on to **Wolseley Road**.

Turn Left on to **Weston Mill Drive**.

Turn Left on to **Carlton Terrace**.

Turn Right on to **Bridwell Road**.

Turn Right on to **Fletemoor Road**.

Turn Left on to **Trevithick Road**.

Return to **Club**.

STRETCH STRETCH STRETCH!